



# ED NEWS / WEEKLY TIDBITS

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**MISSION STATEMENT:** To provide all persons in The Bahamas an opportunity to receive an education that will equip them with the necessary knowledge, skills, beliefs and attitudes required for work and life in a democratic society guided by Christian values.

## EVENTS AND ACTIVITIES

- ▶ **16th August** - 6:10 a.m.- ADE (Clarke) appearance on Bahamas at Sunrise ZNS-13. Topic: Students' Performance in Exams 2010.
- ▶ **16th August** - 10:00 a.m.- C.C. Sweeting Senior High School Relaunch of IDB Project (INSPIRE).
- ▶ **16th August** - 1:00 p.m. Rev. C. B. Moss will pay a Courtesy Call on Hon. T. Desmond Bannister, Minister of Education.
- ▶ **19th August** - 9:30 a.m.- 4:30 p.m. Orientation Exercise for New Teachers for the new school year 2010/2011 at Uriah McPhee Primary School, Kemp Road. The Honourable T. Desmond Bannister will bring remarks.

▶ [Tidbits can be downloaded at www.bahamaseducation.com](http://www.bahamaseducation.com)

**Condolences** are extended to **Mr. Kirk Hall** (Communications Division) on the passing of his father Rev. Robert Hall, and to **Mrs. Annette-Chambers-Thompson** (National Literacy) on the passing of her parents Rudolph and Alma Chambers.

## TIP OF THE WEEK

### The Value of Laughter and your Health:

- **Laughter** relaxes the whole body. A good, healthy laugh relieves physical tension and stress, leaving your muscles relaxed for up to 45 minutes after.
- **Laughter** boosts the immune system. Laughter decreases stress hormones and increases immune cells and infection-fighting antibodies, thus improving your resistance to disease.
- **Laughter** triggers the release of endorphins, the body's natural "feel good" chemicals. Endorphins promote an overall sense of well-being and can even temporarily relieve pain.

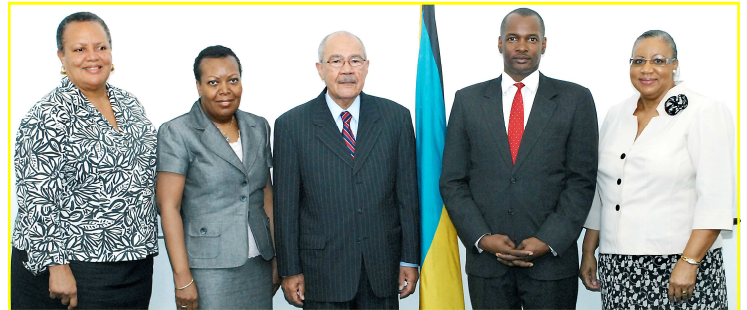


Minister of Education, the Honourable T. Desmond Bannister held an interactive session with students at a Youth Seminar, hosted by the United Haitian Bahamian Association. (Photo Aletha Cooper).

## PHOTOS OF THE WEEK



Modern Languages teachers pause to take a photo at their annual Summer Workshop before getting ideas on how to add excitement and variety to their instructional practices.



Representatives of the Bahamas Baptist Community College (BBCC) paid a Courtesy Call on Hon. T. Desmond Bannister, Minister of Education. Far left DDE Patricia Collins; Permanent Secretary (Actg) Sherrylee Smith; Sir Baltron Bethel President of BBCC; Minister Desmond Bannister and Dr. Celestine Williams Outgoing President of BBCC. (Photo by Edgar Arnette).



Visiting Coach from University of Texas along with coaches from The Bahamas made a courtesy call on Hon. T. Desmond Bannister (Minister of Education). From left Evon Wisdom, DDE Patricia Collins, Gail Goestenkors, Hon. T. Desmond Bannister, Permanent Secretary (Actg) Sherrylee Smith and Anthony Swaby. (Photo Edgar Arnette).



Health & Family Life Education (HFLE) Officers paid a Courtesy Call on Hon. T. Desmond Bannister (Minister of Education). (Far right); Ms. Lynette Antoine-Deveaux -Coordinator of Focus on Youth Research Project; Dr. Bonnie Stanton- Professor & Chair of Pediatrics-Wayne State School of Medicine, and SEO Glenda Russell-Rolle (HFLE). (Photo Edgar Arnette).